



2012 Through the Eyes of the Akashic Records

by Barbara Schiffman

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According to Albert Einstein, "People who believe in physics know that the distinction between past, present, and future is only a stubbornly persistent illusion."

Metaphysicians also understand that everything is composed of interwoven wavelengths and what we think, feel, say and do is "recorded" in a vibrational "library" often called the Akashic Records.

As Catherine Morris wrote in Radiance (July/August 2012), the Akashic Records are a "field of energy" extending far beyond what humans perceive with our five senses. Harry Reed, director of the Edgar Cayce Institute for Intuitive Studies, agrees: "If there is any one truth from the legacy of the Cayce readings, it would be that there is a spiritual dimension to humans, something beyond time and space."

To me, the Records are an archive of our Souls' collective journeys through all lifetimes, i.e. humanity's "spiritual body" encompassing all physical, mental and emotional energy fields. But humans are not the only Earth-beings attuned to our Collective Consciousness. Animals, plants, trees, rocks, crystals, buildings and places -- even years -- also vibrate with it.

While individual, group and global activities which constantly reshape and redirect energy enable the Records to evolve, so do pivotal dates and events -- especially those with global impact like 1/1/2000 (aka Y2K), 9/11/2001 and 12/21/2012.

As an Akashic Practitioner, I not only "read" the Akashic Records of humans but also those of animals, buildings and even years with enlightening results. The Records of a year tend to reflect its themes and potential direction.

In October 2011, I accessed the Year 2012's Records to inquire about the "shifts" being attributed to the Mayan Calendar plus the pivotal date of 12/21/12. I transcribed their response for my chapter in the anthology "2012: Creating Your Own Shift" (Shift Awareness Books), which is partially included below.

I've continued opening 2012's Records, at their "request," at the Equinoxes and Solstices which are quarterly energetic balance points leading to Winter Solstice 12/21/12. Here's some of what they've shared so far:

"12/21/2012 is connected to the turning of the Mayan calendar to focus humanity's consciousness on the current requirements of evolution. It is not a day to be feared or revered. This is similar to how the events of 9/11/2001 centralized attention on Earth for the common good.

"What is most critical to 2012 is already stirring within every human, animal, tree and rock: a quickening of the frequency that binds everything together and always will. Everything vibrates -- the stars, Earth, air, oceans, people and even time. As the Akashic Records of 2012, we hold the collective vibrations of each one and all of these.. The subtle and amplified frequency shifts occurring between today and that date will shape what occurs.

"Creating a new equilibrium and maintaining balance between the natural world and the new yet necessary global connectivity via electronic pathways and airborne wavelengths is essential to prevent the Earth and humanity from imploding... So it is vital for humans to raise their own vibrations and harmonize this in physical form... By tuning into the collective energy of the Records and 'feeding' them with positive light and love, each of you will also receive more light and love directly and continually.

"Humans will begin living from the perspective of Soul by realizing there is more to life than what is experienced in one lifetime. This will shift humanity's focus to treating the Earth as the mother of all tangible creation by making everyone 'seed planters' and nurturers for future generations."

This past January, 2012's Records reported: "With over 7 billion people on Earth... humanity is like a pearl becoming too large energetically to remain in its oyster. The original grain of sand... has rubbed against the inner shell long enough to generate a strong and iridescent gem. This 'pearl' is now being influenced to better see itself as cohesive and beautiful. When it does, the sense of separation between the metaphoric grain of sand, the shell and the pearl will dissipate."

My Akashic students and I have also accessed 2012's Records as a group. Some of the insights we've received include:

- "We and the world are mirrors of each other – we are going through our own internal shifts."
- "We have always had ups and downs. People's fear can influence how things look and feel. We can shape the face of how things look."
- "We're in the shift of a cycle. It's a whole year of transition. It's the late 60's on steroids but happening in a more concerted, rational and compassionate way this time."
- "2012 is a dark room lit up from inside by a bright flame. As the heat and light of the flame expands, the darkness disappears."

I wish you an enlightening, uplifting and evolving 2012 as we all shape what's to come!

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For more info on the Akashic Records or other Life&Soul Coaching support from Barbara Schiffman: call her at 818-415-3479 or visit www.YourLifeandSoul.com